This listing of claims will replace all prior versions, and listings, of claims in this application.

1. (currently amended) A flexible connection unitrod for use in a spinal fixation

device and for mounting between a first pedicle screw and a second pedicle screw, the flexible rod

comprising

a longitudinal rod, including:

a first end received by and coupled to the first pedicle screw;

a second end received by and coupled to the second pedicle screw, the first and second

pedicle screws capable of securing the rod between a first vertebra and a second vertebra such that the

flexible rod limits movement of the first vertebra relative to the second vertebra; and

a longitudinal substantially cylindrical center section having a longitudinal axis and an

outer surface, the center section being located between and coupled to the first end and the second end,

the center section including a plurality of grooves formed in the outer surface of the substantially

cylindrical center section, the plurality of grooves extending circumferentially diametrically around the

longitudinal axis and a plurality of holes formed in the substantially cylindrical center section, each hole

intersecting one of thean end of at least two of the plurality of grooves formed in the outer surface of the

rod.

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2. (currently amended) The flexible eonnection unitrod of claim 1, wherein the rod is made from a material selected from the group consisting of: stainless steel, iron steel, titanium, titanium alloy and NITINOL.

## 3. (canceled)

- 4. (currently amended) The flexible eonnection unitrod of claim 1, wherein the grooves are cut toward a center longitudinal axis of the rod and each one of the plurality of grooves is associated with a first hole at a first end and a second hole at a second end.
- 5. (currently amended) The flexible connection unitrod of claim 1, wherein the rod is solid along a longitudinal section.
- 6. (currently amended) The flexible connection unitrod of claim 5, further including a plurality of transverse tunnels formed within at least a portion of the solid longitudinal section and wherein each tunnel coincided with at least one hole.
- 7. (currently amended) The flexible connection unitrod of claim 6, wherein the rod is solid and the first end, the second end, and the center section are monolith and each transverse tunnel passes through a center longitudinal axis of the cylindrical portion of the rod such that openings for each respective transverse tunnel are located on opposite sides of the rod and coincides with at least one of the holes.
- 8. (currently amended) The flexible connection unitrod of claim 1, wherein the first end, the second end, and the center section are a monolith.

## 9. (canceled)

10. (currently amended)

The flexible connection unitrod of claim 6, wherein each

of said plurality of transverse tunnels have an internal diameter between 0.2 and 3 millimeters.

11.-14. (canceled)

15. (previously presented)

A connection unit for use in bony fixation, comprising:

a first bone coupling assembly; and

a longitudinal solid metal rod having an outer surface, including:

a first end received by and coupled to the first bone coupling assembly;

a second end; and

a substantially cylindrical center section located between and coupled to the first end and

the second end, the center section including a plurality of grooves formed in the outer surface of the rod,

and a plurality of tunnels formed in the center section of the rod, each tunnel including a pair of

diametrically opposed openings on the outer surface of the rod, wherein the tunnel openings intersect

one of the grooves formed in the outer surface of the rod.

16. (previously presented) The connection unit of claim 15, wherein the rod is made

from a material selected from the group consisting of: stainless steel, iron steel, titanium, titanium alloy

and NITINOL.

17. (canceled)

18. (previously presented)

The connection unit of claim 15, wherein the grooves are

cut toward a center longitudinal axis of the rod.

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19. (canceled)

20. (canceled)

21. (canceled)

22. (previously presented) The connection unit of claim 15, wherein the first end, the

second end, and the center section are a monolith.

23. (previously presented) The connection unit of claim 21, wherein each of said

plurality of transverse tunnels have an internal diameter between 0.2 and 3 millimeters.

24. (currently amended) A connection unit longitudinal metal rod for use in bony

fixation and having an outer surface, the rod comprising:

a longitudinal solid metal rod having an outer surface, including:

a first end;

a second end; and

a substantially cylindrical center section located between and coupled to the first end and

the second end, the center section including a plurality of grooves formed in the outer surface of the rod,

and a plurality of tunnels formed in the center section of the rod, each tunnel including a pair of

diametrically opposed openings on the outer surface of the rod, wherein the tunnel openings intersect

one of the grooves formed in the outer surface of the rod.

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- 25. (currently amended) The connection unit longitudinal metal rod of claim 24, wherein the rod is made from a material selected from the group consisting of: stainless steel, iron steel, titanium, titanium alloy and NITINOL.
  - 26. (canceled)
- 27. (currently amended) The connection unit longitudinal metal rod of claim 24, wherein the grooves are cut toward a center longitudinal axis of the rod.
  - 28. (canceled)
  - 29. (canceled)
  - 30. (canceled)
- 31. (currently amended) The connection unit longitudinal metal rod of claim 24, wherein the first end, the second end, and the center section are a monolith.
- 32. (currently amended) The connection unit longitudinal metal rod of claim 30, wherein each of said plurality of transverse tunnels have an internal diameter between 0.2 and 3 millimeters.
- 33. (currently amended) The connection unit longitudinal metal rod of claim 24, wherein the tunnels pass through a center longitudinal axis of the cylindrical portion of the rod.
- 34. (currently amended) The connection unit longitudinal metal rod of claim 24, wherein adjacent tunnels share a common opening on one side of the outer surface of the rod thus forming a zig-zag pattern of tunnels passing transversely through a central longitudinal axis of the rod.

twice as wide as the width of the grooves.

35. (currently amended) The eonnection unit longitudinal metal rod of claim 24, wherein the tunnel has a diameter and the grooves have a width, the diameter of the tunnel is at least

36. (currently amended) The connection unit longitudinal metal rod of claim 24, wherein each tunnel has a longitudinal axis, the longitudinal axis of each tunnel being substantially parallel to the longitudinal axis of an adjacent tunnel so that the tunnels are substantially parallel with respect to one another.

37. (currently amended) The connection unit longitudinal metal rod of claim 24, wherein each tunnel has a longitudinal axis, each tunnel is substantially orthogonal to an adjacent tunnel.

38. (currently amended) The connection unit longitudinal metal rod of claim 37, wherein each tunnel intersects at least one adjacent tunnel.